FEBRUARY FITNESS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Yoga is located at the End of the Island (Stump Pass)		All calendars are subject to change		1 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	2 Sculpt 9am-9:45am Water Aerobics 10am-10:45am	3 Yoga at the Pass 9am
4	5	6 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	7 Sculpt 9am-10:00am	8 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	9 Sculpt 9am-9:45am Water Aerobics 10am-10:45am	10
11	12	13 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	14 Sculpt 9am-10:00am	15 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	16 Sculpt 9am-9:45am Water Aerobics 10am-10:45am	17
18	19	20 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	21 Sculpt 9am-10:00am	22 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	23	24
25	26	27 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	28 Sculpt 9am-10:00am			