

October Tennis 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TOP 100	1	2	Adult Clinic At the Net 8:30a-9:30a \$20 Learn to play Pickieball 1030-1130 Complimentary	4	Adult Clinic Groundstrokes 10:30a-11:30a \$20 JTC 1 11:30-12:00 JTC 2 1:00-2:00p JTC 3 2:00-3:00p	Adult Clinic Serve & Return of Serve 8:30a-9:30a \$20 Adult Round Robin Complimentary 9:30-11:00a
7	8	9	Adult Clinic Mid Court Game 8:30a-9:30a \$20	11	Adult Clinic Forehand Weapon 10:30a-11:30a \$20 JTC 1 11:30-12:00 JTC 2 1:00-2:00p JTC 3 2:00-3:00p	Adult Clinic Lobs & Overheads 8:30a-9:30a \$20 Adult Round Robin Compilmentary 9:30-11:00a
14	15	16	Adult Clinic Backhand 8:30a-9:30a \$20 Adult Beginner/Rusty Racket Clinic 1030a Complimentary	18	19 Adult Clinic Approach Shots 10:30a-11:30a \$20 JTC 1 11:30-12:00 JTC 2 1:00-2:00p JTC 3 2:00-3:00p	Adult Clinic Doubles Tactics 8:30a-9:30a \$20 Adult Round Robin Compilmentary 9:30-11:00a
21	22	23	Adult Clinic Serve & Return of Serve 8:30a-9:30a \$20	25	26 Adult Clinic 3+ Pro Doubles 10:30a-11:30a \$20 JTC 1 11:30-12:00 JTC 2 1:00-2:00p JTC 3 2:00-3:00p	Adult Clinic At the Net 8:30a-9:30a \$20 Adult Round Robin Complimentary 9:30-11:00a
28	29	30	Adult Clinic Groundstrokes 10:30a-11:30a \$20	Junior Tennis Clinics Information JTC 1 = Ages 5-7 yrs. old (30 minute clinic) \$10 JTC 2 = Ages 8-12 yrs. old (60 minute clinic) \$15 JTC 3 = Ages 13 & up (60 minute classes) \$15		

Register day before scheduled clinic by contacting Art at 941-662-0546.



Tennis Clinic Description



Junior Tennis Clinics

Junior Tennis Clinic 1 = Ages 5-7 yrs. old (30 minute clinic) 11:30-12:00 PM \$10

Junior Tennis Clinic 2 = Ages 8-11 yrs. old (60 minute clinic) 1:00-2:00 PM \$15

Junior Tennis Clinic 3 = Ages 12 & up (60 minute classes) 2:00-3:00 PM \$15

Tennis For Life® Adult Tennis Clinics

3 + Me Doubles \$20 per person

The perfect opportunity to play with a professional in a live game situation. Work on specific tactics and strategies to make you game more effective. Max 3 players for the clinic. You can also schedule a time outside of the clinic time if you have 3 players and the clinic time doesn't work in your schedule.

Backhand \$20 per person

Whether you are a one or two handed backhand, learn a few tips on how to improve this stroke.

Volley \$20 per person

Clinic focus on the strokes and strategies that take place at the net

Mid-Court Game \$20 per person

The one area of the court that you don't want to get caught in. The clinic focuses on the shots and tactics that will help you to deal with this situation. Approach shots, volleys and half-volleys are a few of the shots we will focus on along with positioning.

Doubles Coverage \$20 per person

Learn to understand how to be a better doubles player with coverage strategies and tactics in playing smart doubles.

Serve/ Return of Sserve \$20 per person

The two most important shots in tennis. The clinic covers the technique of both and simplifies the fundamentals of each stroke.

Groundstrokes \$20 per person

The focus is on the forehand and backhand groundstrokes, it's technique and the strategies to use when playing them from the baseline.

Lobs & Overheads \$20 per person

Learn the simplicity checkpoints for executing the lob and overhead smash.

Forehand Weapon \$20 per person

Using your Forehand as a weapon on all types of situations.