



FEBRUARY FITNESS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All calendars are subject to change				1	2
3	4	5 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	6 Pilates Fusion 9am-10:00am	7 T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am	8 Sculpt 9am-10:00am	9 Yoga on the Green 9:00am
10	11	12 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	13 Pilates Fusion 9am-10:00am	14 T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am	15 Sculpt 9am-10:00am	16
17	18	19 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	20 Pilates Fusion 9am-10:00am	21 T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am	22 Sculpt 9am-10:00am	23 Yoga on the Green 9:00am
24	25	26 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	27 Pilates Fusion 9am-10:00am	28 T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am		