

# JANUARY ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please See Fitness Calendar for Days and Times	Please See Tennis Calendar for Days and Times	1 Tennis Available  Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	2 Tennis Available Pilates Fusion 9am-10:00am Rum Bay Appreciation 6pm-9pm	3 Tennis Available  T'ai Chi 9am- 9:30am Water Aerobics 9:30am-10:30am	4 Tennis Available  Sculpt 9am-10am  Red Beard Storytime 6:30p	5 Tennis Round Robin
6	7	8 Tennis Available  Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	9 Tennis Available Pilates Fusion 9am-10am Rum Bay Appreciation 6pm-9pm	10 Tennis Available  T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am	11 Tennis Available  Sculpt 9am-10am  Red Beard Storytime 6:30pm	12 Tennis Round Robin  Yoga on the Green 9am
13  Church Services 9:30am	14	15 Tennis Available  Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	16 Tennis Available Pilates Fusion 9am-10am Rum Bay Appreciation 6pm-9pm	17 Tennis Available  T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am	18 Tennis Available  Sculpt 9am-10am  Red Beard Storytime 6:30pm	19 Tennis Round Robin  Nature Walk 11am
20  Church Services 9:30am	21	22 Tennis Available  Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	23 Tennis Available Pilates Fusion 9am-10am Rum Bay Appreciation 6pm-9pm	24 Tennis Available  T'ai Chi 9am-9:30am Water Aerobics 9:30am-10:30am	25 Tennis Available  Sculpt 9am-10am  Red Beard Storytime 6:30pm	26 Tennis Round Robin
27  Church Services 9:30am	28	29 Tennis Available  Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	30 Tennis Available Pilates Fusion 9am-10am Rum Bay Appreciation 6pm-9pm	31  Tennis Available		All calendars are subject to change