



APRIL FITNESS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All calendars are subject to change	1	2 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	3 Pilates Fusion 9am-10am	4 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	5 Sculpt 9am-10am	6
	7	8	9 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	10 Pilates Fusion 9am-10am	11 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	12 Sculpt 9am-10am
14	15	16 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	17 Pilates Fusion 9am-10am	18 Balance & Core 9am-9:30am Water Aerobics 9:30am-10:30am	19 Sculpt 9am-10am	20
21	22	23	24	25	26	27
28	29	30				