

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Pickleball Tuesdays

Take a pickleball lesson on any Tuesday in the month and receive 50% off your next private lesson. Contact Art to reserve your time.



EVENTS
 Junior Tennis Special for July
 Jr Clinic—1 Hr. (3—4 kids) \$20 each
 1 Hr. Junior Private Lesson—\$60
 1/2 Hr. Junior Private Lesson—\$35
 1 Hr. Junior Semi-Private Lesson (2 kids) - \$70
 1/2 Hr. Junior Semi-Private Lesson (2 kids) - \$45

1
Adult Clinic Backhand
 10:30a-11:30a \$20
 Registration Required

Adult Clinic Serve & Volley
 8:30a-9:30a \$20
 Registration Required

Adult Round Robin Complimentary
 9:30-11:00a
 Registration Required

3



5

6
Adult Clinic Approach Shots
 10:30a-11:30a \$20
 Registration Required

7

8
Adult Clinic Doubles Tactics
 10:30a-11:30a \$20
 Registration Required

9
Adult Clinic Mid Court Game
 8:30a-9:30a \$20
 Registration Required

Adult Round Robin Complimentary
 9:30-11:00a
 Registration Required

Morning Open Adult Tennis Play— Monday through Friday 9:00 AM

10

11

12

Adult Pickleball Clinic 3+ Pro Doubles Tactics
 10:30a-11:30am \$20

13
Adult Clinic At the Net
 10:30a-11:30a \$20
 Registration Required

14

15
Adult Clinic Groundstrokes
 10:30a-11:30a \$20
 Registration Required

16
Adult Clinic Forehand Weapon
 8:30a-9:30a \$20
 Registration Required

Adult Round Robin Complimentary
 9:30-11:00a
 Registration Required

Morning Open Adult Tennis Play— Monday through Friday 9:00 AM

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18

19

Learn to play Pickleball Clinic 10:30a Complimentary
 Registration Required

20
Adult Clinic Mid Court Game
 10:30a-11:30a \$20
 Registration Required

21

22
Adult Clinic Approach Shots
 10:30a-11:30a \$20
 Registration Required

23
Adult Clinic Doubles Tactics
 8:30a-9:30a \$20
 Registration Required

Adult Round Robin Complimentary
 9:30-11:00a
 Registration Required

Morning Open Adult Tennis Play— Monday through Friday 9:00 AM

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25

26

Adult Pickleball Clinic 3rd Shot Tactics
 10:30a-11:30am \$20

27
Adult Clinic Groundstrokes
 10:30a-11:30a \$20
 Registration Required

28

29
Adult Clinic Forehand Weapon
 10:30a-11:30a \$20
 Registration Required

30
Adult Clinic At the Net
 8:30a-9:30a \$20
 Registration Required

Adult Round Robin Complimentary
 9:30-11:00a
 Registration Required

31 Morning Open Adult Tennis Play— Monday through Friday 9:00 AM



Tennis Clinic Description & Information



Palm Island Resort
Ranked Top 50 2022 Tennis Resorts
www.tennisresortsonline.com

Tennis For Life® Adult Tennis Clinics

3 + Me Doubles \$20 per person

The perfect opportunity to play with a professional in a live game situation. Work on specific tactics and strategies to make you game more effective. Max 3 players for the clinic. This can be arranged outside of the clinic time if you have 3 people to participate.

Backhand \$20 per person

Whether you are a one or two handed backhand, learn a few tips on how to improve this stroke.

At the Net \$20 per person

Clinic focus on the strokes and strategies that take place at the net

Mid-Court Game / Approach Shot \$20 per person

The one area of the court that you don't want to get caught in. The clinic focuses on the shots and tactics that will help you to deal with this situation. Approach shots, volleys and half-volleys are a few of the shots we will focus on along with positioning.

Doubles Tactics \$20 per person

Learn to understand how to be a better doubles player with coverage strategies and tactics in playing smart doubles.

Lobs and Overheads \$20 per person

The clinic covers the technique of both and simplifies the fundamentals of each stroke.

Groundstrokes \$20 per person

The focus is on the forehand and backhand groundstrokes, it's technique and the strategies to use when playing them from the baseline.

Forehand Weapon \$20 per person

Using your Forehand as a weapon on all types of situations, especially when looking to contact the ball above the net band.

Adult Beginner/Rusty Racquet Clinic—Complimentary

A great way to learn this great game or get back into it if it's been a while since you picked up a racket! Equipment available for you.

Pickleball Clinics—Check out our Pickleball Tuesdays on the front of the calendar for Clinic days and time.

Learn to Play Pickleball Adult Clinic—Complimentary

Want to learn the fastest growing racket sport in the country. Equipment will be available for you.

**Minimum 2 players for all clinics. However if only 1 person signs up for the clinic, the player has the option for \$20 to do a 1/2 hour of the clinic hour or the full clinic hour for \$40.
Registration for Clinics and Round Robin can be done by contacting Art Santos @ 941-662-0546**