

Palm Island Activity Descriptions

All Children must be accompanied by an adult to participate in any activities

Open Play Pickle Ball:

A tennis court that also has a Pickle Ball court marked off. The Tennis Pro will not be on premises but feel free to bring your own or rent Pickle Ball equipment from Coconuts and get out there and play!

Beach Yoga: Held at Stump Pass (North end of the Island)

Meet Kris on the beach for Hatha and Vinyasa style Yoga. Kris teaches all different levels and gives many options for most of the poses, so if you're a beginner or a yoga enthusiast this is the class for you. Bring your own mat or towel and a sheet or blanket to put it on. You may even see a dolphin or two! Mats are provided on a first come first serve basis. **1 hour**

Around the Resort in 80 minutes: Meet at Coconuts- Golf Cart needed

Take a Nature tour of the resort while learning the history of how it all began. You will be shown all the "secret" places where nature likes to hide. You will be exploring the island for gopher tortoise, birds nesting, possibly dolphins swimming and manatees playing. Learn how our beaches became popular for the sea turtles and how this Island became a perfect barrier Island. Join in for 80 minutes of adventure and fun!! **Bug Spray is a must!**

Kids Time: Held at Red Beards Gazebo – Ages 5 and up

Bring the kids to the gazebo for 1 hour of fun! They will be doing a variety of different crafts, exploring of nature, or fun games while learning a few things. Parents are more than welcome to join in the fun. **1 hour (waiver must be signed by parent)**

Pirate Crafts: Held at Red Beards Gazebo

Come join our local pirate Red Beard for a fun filled morning of crafts. Make a necklace or create a tie-dyed bandana or do some sticker fun! AAARGH!

Scavenger Hunt: Meet at Coconuts – Golf Cart needed

You may need to put your thinking cap on to solve the clues for this scavenger hunt. This activity is loads of fun while you search the 2 mile resort for the hidden items. Come in 1st place and win a prize. See you there! **1 hour**

Nature Walk: Meet at Coconuts

Meet our Master Naturalist and enjoy a nice casual walk from the back estuaries to the shoreline. Learn all about the history of the island and how it was formed along with the ecosystem that surrounds it. She will take you through the journey of dolphins and manatees in our back waters to the sea turtles along the shores. Afterwards, sit down in the shade and enjoy the "show and tell" of all the shells and wonders found on our beaches throughout the years. **90 minutes**